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From Route 80 West:

Take Exit 308 towards East Stroudsburg. At the end of the exit ramp, make a right onto Prospect Street. At the first traffic light, make a right onto East Brown Street. You will pass Pocono Medical Center and the East Stroudsburg University playing fields on the left. Wellspring East is on the right, #243 East Brown Street. Our office is on the first floor.

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